

## Senior Girls Top 10 List

### 100 Meters

1.	Dai'lyn Merriweather	11.72(1.7)	2017
2.	Jai'lyn Merriweather	12.24c	2017
3.	Jessica Ojukwu	12.54c	2013
4.	Sarah Takayoshi	12.74c	2009
5.	Tayler Troupe	13.06	2015
6.	Amanda Thomas	13.34c	2010
7.	Zoe Langsdorf	13.36	2011
8.	Leina Buchanan	13.44c	2009
	Amberlee Maluenda	13.44c	2011

### 200 Meters

1.	Dai'lyn Merriweather	23.73(2.6)	2017
2.	Jai'lyn Merriweather	24.10(2.6)	2017
3.	Sarah Takayoshi	26.01(2.3)	2009
4.	Jessica Ojukwu	26.16	2013
5.	Kaitlyn McKinney	26.62	2013
6.	Amanda Thomas	27.09	2010
7.	Zoe Langsdorf	27.46	2011
8.	Alexis Fuller	27.64c	2015
9.	Heather Browning	27.66	2013
10.	Genevieve Elston	27.94c	2015

#### 400 Meters

1.	Jai'lyn Merriweather	53.44	2017
2.	Dai'lyn Merriweather	56.58	2017
3.	Jessica Ojukwu	58.11	2013
4.	Alexis Fuller	1:00.74c	2015
5.	Kaitlyn McKinney	1:01.64c	2013
6.	Zoe Langsdorf	1:05.24c	2011
7.	Annaliese Mack	1:07.02	2016

#### 800 Meters

1.	Alexis Fuller	2:17.00	2015
2.	Jai'lyn Merriweather	2:17.34	2017
3.	Cassie McKinney	2:23.8h	2016
4.	Kaitlyn McKinney	2:28.80	2013
5.	Dai'lyn Merriweather	2:33.01	2017
6.	Hannah Delapp	2:38.2h	2014
7.	Heather Browning	2:38.97	2013
8.	Sere' Brown	2:50.4h	2013
9.	Annaliese Mack	2:55.5h	2016
10.	Marit Doty	2:57.0h	2013

### 1600 Meters

1.	Alexis Fuller	5:00.47	2015
2.	Cassie McKinney	5:15.44	2016
3.	Hannah Delapp	5:45.5h	2014
4.	Sere' Brown	5:54.0h	2013
5.	Marisa Cargin	6:16.0h	2014
6.	Marit Doty	6:19.0h	2013
7.	Niamh McCarthy	6:21.0h	2012
8.	Allyson Mertz	7:37.68	2017

### 3200 Meters

1.	Cassie McKinney	11:34.92	2016
2.	Hannah Delapp	12:42.57	2014
3.	Niamh McCarthy	13:33.0h	2012
4.	Sere' Brown	13:40.0h	2013
5.	Marisa Cargin	13:55.9h	2014

100m Hurdles - 33"

1.	Heather Browning	15.84c	2013
2.	Brina Sych	15.95	2010
3.	Mikyla Ogata	16.43	2010
4.	Genevieve Elston	18.19	2015
5.	Hailey Brunsch	18.74c	2017

300m Hurdles - 30"

1.	Brina Sych	44.98	2010
2.	Heather Browning	46.83	2013
3.	Genevieve Elston	49.66	2015
4.	Mikyla Ogata	52.24c	2010

Shot Put - 4kg

1.	Carolina Siofele	40' 7	2009
2.	Vanessa Muckerheide	37' 11	2013
3.	Maureen Ojukwu	37' 0	2009
4.	Rori Noa	32' 11	2009
5.	Felicia Odle	32' 4	2010
6.	Sierra Anderson	31' 3.5	2013
7.	Angelique Williams	29' 5.5	2012
8.	Heather Browning	29' 0.5	2013
9.	Hailey Haggard	27' 8.5	2016
10.	Kili Anderson	27' 3	2016

Discus - 1kg

1.	Carolina Siofele	132' 4	2009
2.	Hailey Haggard	116' 6	2016
3.	Maureen Ojukwu	115' 0	2009
4.	Vanessa Muckerheide	109' 3	2013
5.	Sierra Anderson	89' 9	2013
6.	Haylie Christopherson	77' 1	2013
7.	Corrine Dougher	71' 0	2017
8.	Brittany Peters	62' 0	2017
9.	Angelique Williams	59' 7	2012
10.	Rori Noa	55' 1	2009

#### Javelin - 600g

1.	Angelique Williams	131' 11	2012
2.	Tuileisu Anderson	127' 9	2014
3.	Felicia Odle	122' 10	2010
4.	Brandi Victor	114' 3	2012
5.	Nicole Carlson	99' 6	2015
6.	Emily Takayoshi	99' 2	2017
7.	Sara Hunt	93' 8	2017
8.	Vanessa Muckerheide	92' 11	2013
9.	Kili Anderson	87' 8	2016
10.	Jordynn Montero	82' 0	2012

#### High Jump

1.	Jordynn Montero	5' 2	2012
	Heather Browning	5' 2	2013
	Leina Buchanan	5' 2	2009
4.	Lauren Birch	5' 1	2015
5.	Emily Takayoshi	5' 0	2017
6.	Megan Dire	4' 10	2009

#### Pole Vault

1.	Alexandra Uhrich	10' 9	2010
2.	Shelby Bafus	9' 9	2015
3.	Jordynn Montero	8' 7	2012

	Michaela Mack	8' 7	2014
5.	Kiki Quach	7' 6	2009

#### Long Jump

1.	Emily Wilson	17' 5.25	2016
2.	Heather Browning	17' 1.5	2013
3.	Taylor Troupe	16' 9.25	2015
4.	Jewels Soto	15' 9.75	2017
5.	Nicole Carlson	15' 9	2015
6.	Hailey Brunsch	14' 11.75	2017
7.	Megan Dire	14' 10.75	2009
8.	Hannah Avery	13' 8	2014
9.	Lauren Birch	12' 10.5	2015
10.	Sona Saidy	12' 9	2013

#### Triple Jump

1.	Emily Wilson	36' 9	2016
2.	Nicole Carlson	34' 9.5	2015
3.	Megan Dire	34' 8.5	2009
4.	Hailey Brunsch	33' 10.5	2017
5.	Jordynn Montero	32' 11	2012
6.	Shelby Bafus	31' 0.5	2015
7.	Hannah Avery	30' 0	2014
8.	Alexandra Uhrich	28' 5.5	2010
9.	Sierra Anderson	26' 7.75	2013

